

The Euvé Guide to Compassionate, Physician-Led Home Care

A thoughtful resource for families navigating care at home

Euvé Home Care

Elegant • Compassionate • Clinically Informed

Serving Columbus and surrounding communities

Trust
Compassion

INTRODUCTION

Welcome

Choosing care for yourself or someone you love is one of the most personal decisions a family can make.

At Elevé Home Care, we understand that this decision often comes during moments of uncertainty, after a hospitalization, surgery, illness, or gradual changes in independence. Families are often trying to balance safety, dignity, emotional well-being, and peace of mind all at once.

This guide was created to help you feel informed, supported, and confident as you explore home care options — without pressure, guilt, or confusion.

Our goal is simple:

To help families understand what quality home care truly looks like, and how compassionate, physician-led insight can make all the difference.

WHAT IS HOME CARE?

Understanding Home Care

Home care provides non-medical support for individuals who need assistance with daily living while remaining in the comfort of their own home.

Home care can support adults of all ages, from young adults recovering from surgery to older adults navigating age-related changes.

Common reasons families seek home care include:

- Recent hospitalization or rehabilitation discharge
- Recovery after surgery or illness
- Decline in strength, balance, or mobility
- Memory or cognitive changes
- Caregiver burnout or scheduling challenges
- Desire for companionship, structure, and safety at home

Home care is not about taking independence away, it's about protecting it.

Quality home care supports the whole person, not just tasks.

Home care includes:

- Assistance with bathing, dressing, grooming, and mobility
- Medication reminders and routine support
- Light housekeeping and home organization
- Meal preparation and hydration reminders
- Transportation to appointments and errands
- Companionship, conversation, and emotional reassurance
- Safety awareness and fall-prevention support

WHAT HOME CARE
LOOKS LIKE DAY TO
DAY

But beyond tasks, excellent home care offers something deeper:

Consistency. Presence. Reassurance.

It creates structure in the day, comfort in routines, and a trusted presence for both clients and families.

HOME CARE VS. HOME HEALTH

Families often hear the terms home care and home health used interchangeably — but they are very different services.

Home Health Care typically includes:

- Skilled nursing
- Physical, occupational, or speech therapy
- Short-term, medically prescribed visits
- Coverage through insurance or Medicare
- Limited time frames

Home Care, like Elevé provides, includes:

- Non-medical, hands-on daily support
- Longer-term or flexible care
- Personalized routines and companionship
- Ongoing observation and communication
- Private-pay services tailored to individual needs

Many families benefit from both services working together — with home health addressing medical treatment and home care supporting daily life, safety, and continuity between visits.



WHY PHYSICIAN-LED
CARE MATTERS

The Elevé Difference

Elevé Home Care was founded by a Physical Medicine & Rehabilitation physician, a specialty deeply rooted in functional recovery, safety, and quality of life after illness or injury.

This physician-led foundation means:

- Care plans are informed by medical understanding, not guesswork
- Caregivers are trained to notice subtle changes, not just complete tasks
- Families receive guidance grounded in real clinical experience
- Communication is proactive, thoughtful, and thorough

While Elevé provides non-medical care, our approach is guided by a bird's-eye view of medical complexity, ensuring clients are supported safely and intelligently at home.

We believe families deserve:

A second set of trained eyes.

Clear communication.

And reassurance that nothing important is being overlooked.

Common Moments Families Seek Support

Home care can be valuable during many transitions, including:

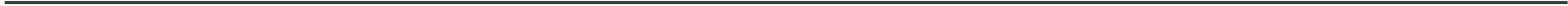
- After hospital discharge
- Following surgery or injury
- After inpatient rehabilitation or skilled nursing stays
- During gradual functional decline
- When family caregivers need relief or support
- When living alone becomes less safe or isolating

Home care doesn't have to be "all or nothing."

Even a few hours of thoughtful support can:

- Reduce falls and accidents
- Prevent complications
- Ease caregiver stress
- Improve emotional well-being
- Help clients remain safely at home longer

WHEN HOME CARE IS
MOST HELPFUL



Common Concerns — Answered with Honesty

“Are we giving up too soon?”

Seeking help is not giving up. It’s planning ahead with care and intention.

“Will my loved one feel uncomfortable?”

When care is introduced gently and respectfully, many clients feel relieved — not resistant.

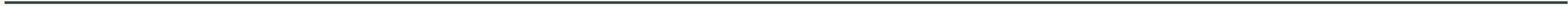
“How do we know who to trust?”

Quality home care should feel transparent, communicative, and consistent. Families should never feel in the dark.

“What if something changes?”

This is exactly why observation and communication matter. Elevé’s caregivers are trained to notice changes and report them promptly.

WHAT FAMILIES OFTEN
WORRY ABOUT (AND
WHAT TO KNOW)



WHAT TO EXPECT WITH
ELEVÉ HOME CARE

Our Approach

When you choose Elevé, you can expect:

- A thoughtful intake and assessment
- Personalized care planning
- Caregiver matching based on skill and personality
- Clear communication with families
- Ongoing updates and check-ins
- Proactive observation and reporting
- Respect, dignity, and professionalism at every step

We believe home care should feel:

Calm, organized, and reassuring, never rushed or transactional.



OUR PHILOSOPHY OF
CARE

Caring for the Whole Person

At Elevé, we don't just look at physical needs.

We consider:

- Emotional well-being
- Sense of independence and dignity
- Family dynamics and stress
- Safety within the home environment
- Long-term quality of life

Our caregivers are trained to:

- Lead with compassion
 - Communicate clearly
 - Anticipate needs
 - Respect routines and preferences
 - Treat every client as they would their own family
-

A NOTE TO FAMILIES

If you're reading this guide, you're likely doing your best to make the right decision.

Please know this:

Wanting safety, dignity, and peace of mind for your loved one is not a weakness, it's love.

Home care is not about replacing family. It's about supporting families, so no one carries the burden alone.

We're Here When You're Ready

If you have questions, want guidance, or simply need to talk through options, Elevé Home Care is here , without pressure or obligation.



NEXT STEPS

Call: (614) 785-6401

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Elevé Home Care

Elegant • Compassionate • Clinically Informed

Extending peace of mind: one home, one family at a time.
